

Emotions

When needs and desires are fulfilled, one tends to feel:

absorbed	composed	exhilarated	intense	rapturous
adventurous	concerned	expansive	interested	refreshed
affectionate	confident	expectant	intrigued	relieved
alert	contented	exuberant	invigorated	satisfied
alive	cool	fascinated	involved	secure
amazed	curious	friendly	joyful	sensitive
amused	dazzled	fulfilled	joyous	serene
animated	delighted	gay	jubilant	stimulated
appreciated	eager	giddy	longing	surprised
appreciative	ecstatic	glad	loving	sympathetic
aroused	effervescent	gleeful	mellow	tender
astonished	elated	glorious	merry	thankful
blissful	electrified	glowing	mirthful	thrilled
buoyant	empathic	good-humored	moved	touched
breathless	encouraged	grateful	open	tranquil
calm	energetic	gratified	optimistic	trusting
carefree	engrossed	groovy	overjoyed	warm
cheerful	enlivened	helpful	overwhelmed	
comfortable	enthusiastic	hopeful	peaceful	
compassionate	exalted	inquisitive	proud	
complacent	excited	inspired	radiant	

Emotions

When needs and desires are not fulfilled, one tends to feel:

aggravated	cranky	exasperated	listless	shaky
agitated	credulous	exhausted	lonely	shock/ed
alarmed	cross	fatigued	longing	skeptical
alienated	curious	fearful	mad	sorrow/ful
aloof	dejected	fidgety	mean	sour
angry	depressed	forlorn	melancholic	startled
anguished	despairing	frightened	miffed	sullen
annoyed	despondent	frustrated	mopy	surprised
antagonistic	detached	furious	mystified	surly
antsy	disappointed	gloomy	nervous	suspicious
anxious	disconnected	grief	nettled	tepid
apathetic	discouraged	grouchy	numb	terrified
appalled	disheartened	hate	overexcited	terror
apprehensive	disgruntled	heartbroken	overwhelmed	thwarted
aroused	disgusted	helpless	panicky	ticked off
ashamed	disinterested	hesitant	pain/ed	timid
aversion	dismayed	horrified	peevd	tired
bewildered	dispirited	hostile	perplexed	trepidation
bitter	disquieted	hurt	pressured	troubled
blah	distressed	impatient	puzzled	uneasy
blue	dread	indifferent	rancorous	unnerved
bored	disturbed	inert	remorse	unsteady
brokenhearted	downcast	infuriated	repugnance	uptight
cautious	downhearted	insecure	repulsion	vengeful
chagrined	dull	irate	resentful	vexed vindictive
cold	edgy	irked	restless	withdrawn
concerned	embarrassed	irritated	reluctant	woeful
confused	embittered	jealous	sad	worried
contrite	enraged	jittery	scared	wretched
cool	envious	lethargic	sensitive	yearning

Emotions

When needs and desires are fulfilled, one tends to feel:

Emotions

When needs and desires are not fulfilled, one tends to feel: